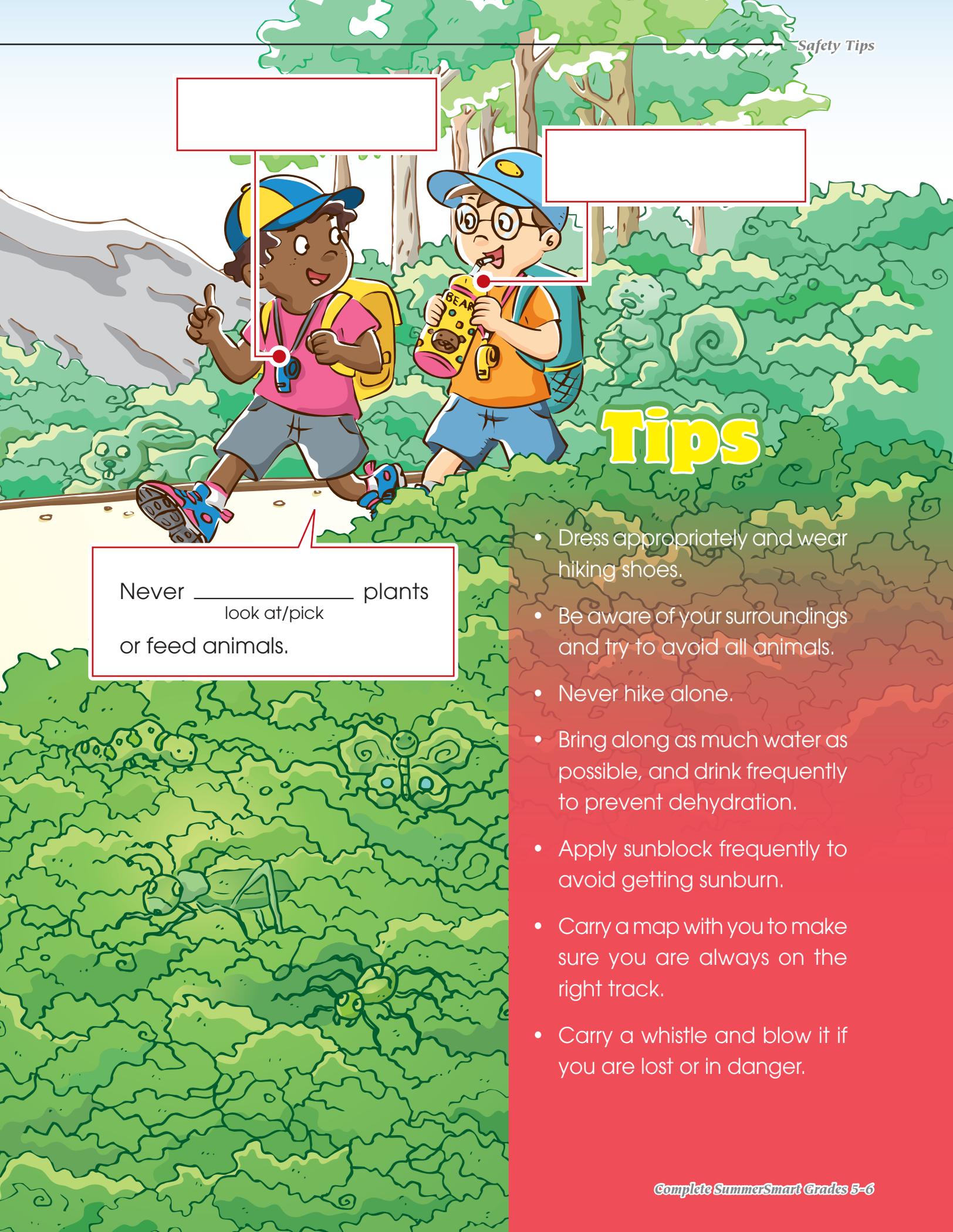


# Hiking

Circle the ten animals that are camouflaged in the hiking trail. Then fill in the blanks and name the items that should be brought with you when you go hiking.



\_\_\_\_\_ drink water  
Always/Never  
from springs or lakes.



Never \_\_\_\_\_ plants  
look at/pick  
or feed animals.

## Tips

- Dress appropriately and wear hiking shoes.
- Be aware of your surroundings and try to avoid all animals.
- Never hike alone.
- Bring along as much water as possible, and drink frequently to prevent dehydration.
- Apply sunblock frequently to avoid getting sunburn.
- Carry a map with you to make sure you are always on the right track.
- Carry a whistle and blow it if you are lost or in danger.