



Players must wear rubbersoled shoes and are recommended to wear helmets and shin pads.

Goalies should wear a full set of protective gear.

No pushing, shoving, tripping, or rough play is allowed.

Sticks must stay in contact with the floor. Don't lift the stick higher than your waist.

Keep your eyes on the ball or puck at all times.

Extra players must stay off the playing area.



Complete SummerSmart Grades 5-6