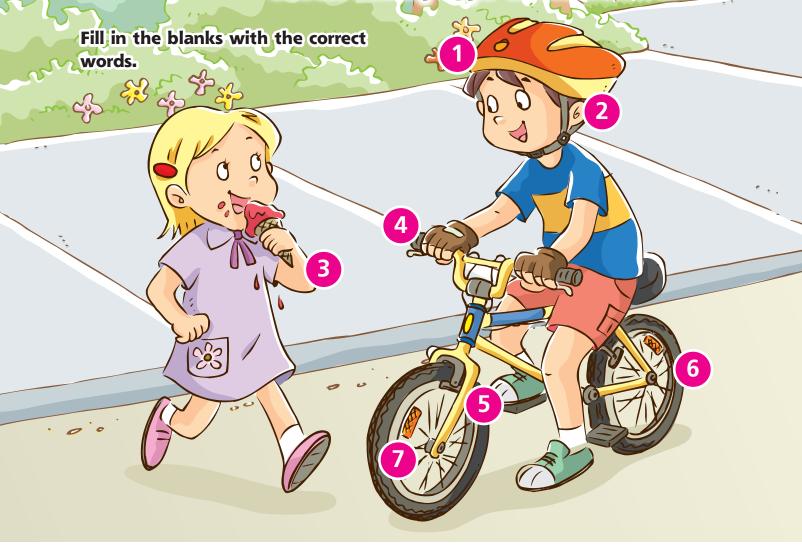
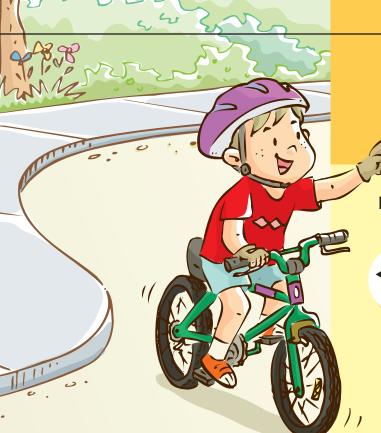
SATETY

Biking =

Seven Safety Tips to Remember

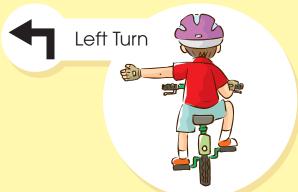


- 1 Always wear a helmet that ______.
- 2 Don't wear ______headphones/socks and listen to music while biking.
- 3 Yield to ______ pedestrians/ants
- Be prepared to slow down and ______.
- Make sure the watch/brakes work well.



Hand Signals for Bikers

Practise the hand signals.



These signals are very important, especially when you are on the road.

- 6 Make sure the tires
 are ______.

 deflated/inflated
- 7 Add _____sound/light reflectors on the wheels and behind the seat.

