



Grade 5 Understanding Structures and Mechanisms – Forces Acting on Structures and Mechanisms

EGG PROTECTORS

Ice Hockey Equipment

Compared to other sports, hockey is a sport that requires players to wear a lot of protective equipment. The diagram below shows you the different kinds of equipment that protect a hockey player's body.

helmet: protects head and ears

shoulder pads: protect shoulders, upper back, collar bones, and ribs

hockey gloves: protect hands and wrists



hockey pants: protect spine, tailbone, and thighs

shin guards: protect lower legs

skates: protect ankles and keep feet comfortable

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