

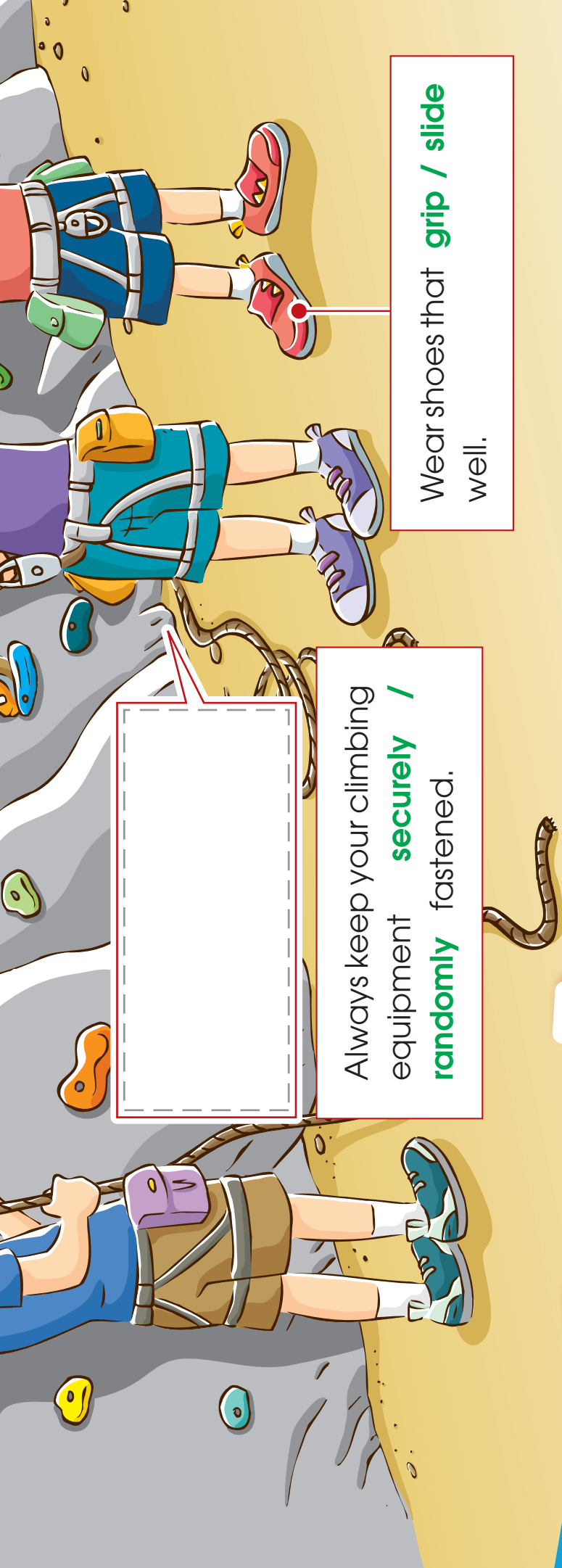
I think I can reach that one.

[Blank dashed box for writing]

Wear a **cap / helmet** and make sure it is secure.

Stop climbing if you are **happy / scared**.

[Blank dashed box for writing]



Always keep your climbing equipment **securely** / **randomly** fastened.

Wear shoes that **grip** / **slide** well.

# Rock Climbing

Cut and paste the correct instructions for the climbers. Then circle the correct words to complete the rules.

Don't look too far down, as it may make you nervous.

Don't worry. You can try to put your left hand on the yellow one.

Plan your next step carefully. Don't move too quickly.